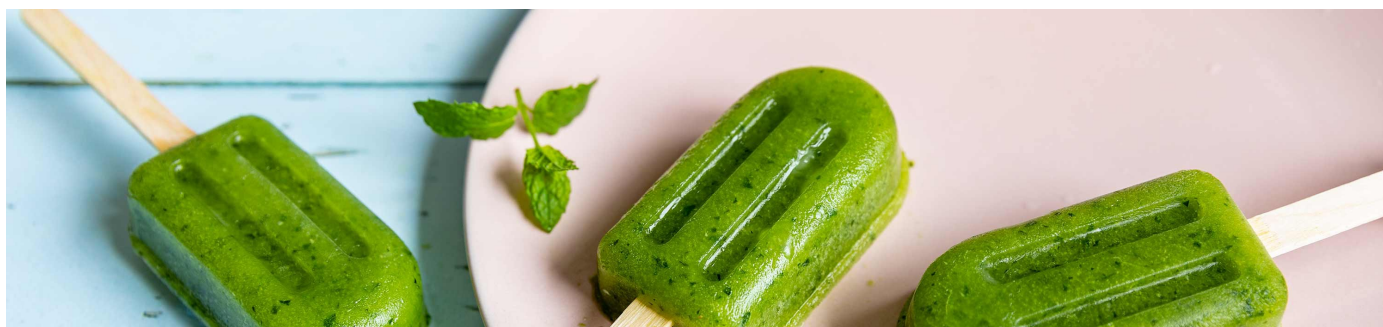


Cucumber and mint popsicles (vegan)



20 min. 6 kcal SteviaSweet Liquid

Preparation

Chop the cucumber into small pieces. Juice and zest the lime. Combine all the ingredients and puree until smooth. Fill into popsicle moulds. Freeze for 3 - 4 hours or overnight. The remaining juice can also be frozen in small paper cups. Espresso spoons make ideal popsicle sticks.

Ingredients for 6 servings

300 g	cucumber
1 tbsp	lime juice
	zest of 1/2 a lime
100 ml	water
20 drops	SteviaSweet Liquid
10	mint leaves

Nutritional information per portion

6	kcal
28	kJ
0	g Protein
1	g Carbohydrates
0	g Fat